

pray for ★ columbus

MENTAL HEALTH - October 2025 Prayer Guide

ANSWERED PRAYERS

- Even though issues like depression and anxiety are on the rise, so too are many people's **reception to the gospel**. This past year has seen a marked rise in baptisms and professions of faith across our nation. Read more [here](#).
 - Healing and deliverance in the area of mental health is happening in churches across our city! **Praise God that many are getting connected to gospel-centered churches** and receiving the love of Christ.
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SPECIFIC REQUESTS

- Pray **Luke 1:78-79** over those "sitting in darkness and in the shadow of death." **Ask Jesus to shine on them and bring them healing and peace.**
- Pray for mental health patients to experience Jesus' healing touch.
- Pray for the Lord to work powerfully through Christian doctors & therapists to **relieve the suffering of their patients for His glory.**
- **Declare Genesis 1:27 over this generation.** Pray **against the sexualization and gender-confusion agenda of the enemy** that is attacking our culture (Ephesians 6:10-19). Ask Jesus to remove any blindfolds from the god of this age (2 Corinthians 4:4) and for people everywhere to come to a knowledge of the truth (1 Timothy 2:4).
- Pray specifically for those who practice in the area of mental health to have the **freedom to minister according to their deep convictions** and declare the truth to set people free (John 8:32, John 18:37-38)
- Specific, measurable prayers for our city:
 - Pray for the percentage of Christians to increase faster than our general population.
 - Ask God for a dramatic decrease in violence, addictions, mental health issues, and trafficking in Columbus.
 - Ask God for Columbus students to increasingly perform at or above grade level especially in third grade literacy.